




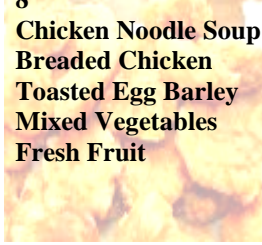

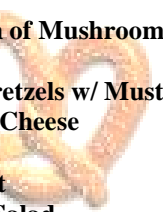

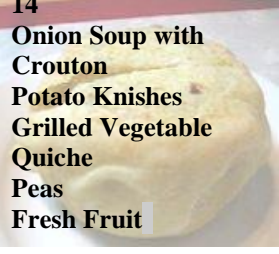




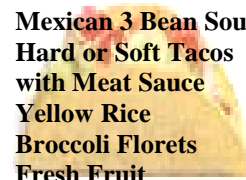







# MDS

## FEBRUARY 2012 LUNCH MENU

M	T	W	TH	F
		<b>1</b> Chicken Matza Ball Soup Hot Dogs and Buns Rice Sauerkraut Peas Fresh Fruit 	<b>2</b> Tomato & Rice Soup Grilled Cheese on Whole Wheat Green Beans Fresh Fruit 	<b>3</b> Cream of Broccoli Soup Hot Pretzels w/ Mustard Sliced Cheese Pasta Yogurt Tuna Salad Egg Salad Fresh Fruit 
<b>6</b> Brunch for Lunch Sweet & Sour Cabbage Soup Waffles & Syrup Scrambled Eggs with Cheese Hash Brown Potatoes Peas Fresh Fruit 	<b>7</b> Chunky Vegetable Soup Fish Sticks Rice Pilaf Cauliflower & Crumbs Fresh Fruit 	<b>8</b> Chicken Noodle Soup Breaded Chicken Toasted Egg Barley Mixed Vegetables Fresh Fruit 	<b>9</b> Minestrone Soup Cheese Ravioli with Marinara Sauce Steamed Carrots Fresh Fruit 	<b>10</b> Cream of Mushroom Soup Hot Pretzels w/ Mustard Sliced Cheese Pasta Yogurt Tuna Salad Egg Salad Fresh Fruit 
<b>13</b> Split Pea Soup Cheese and Black Bean Quesadillas Green Beans Mexican Rice Salsa Sauce Fresh Fruit 	<b>14</b> Onion Soup with Crouton Potato Knishes Grilled Vegetable Quiche Peas Fresh Fruit 	<b>15</b> Chicken Matzo Ball Soup BBQ Chicken Orzo Corn on the Cob Fresh Fruit 	<b>16</b> Lentil Soup Macaroni & Cheese Stir Fried Vegetables Fresh Fruit 	<b>17</b> Cream of Potato Soup Hot Pretzels w/ Mustard Sliced Cheese Pasta Yogurt Tuna Salad Egg Salad Fresh Fruit 
<b>20</b> No Sessions President's Day	<b>21</b> Cabbage Soup Fish Nuggets French Fries Mixed Vegetables Fresh Fruit 	<b>22</b> Mexican 3 Bean Soup Hard or Soft Tacos with Meat Sauce Yellow Rice Broccoli Florets Fresh Fruit 	<b>23</b> Vegetable Soup Cheese and Potato Blintzes Apple Sauce Honey Glazed Carrots Fresh Fruit 	<b>24</b> Cream of Mushroom Soup Hot Pretzels w/ Mustard Sliced Cheese Pasta Yogurt Tuna Salad Egg Salad Fresh Fruit 
<b>27</b> Tomato & Rice Soup Baked Potato Bar Cheese Soufflé Roasted Tomatoes & Crumbs Fresh Fruit Pre School: Mac and Cheese 	<b>28</b> Lentil Soup Pizza Bagels California Blend Vegetables Fresh Fruit 	<b>29</b> Chicken Noodle Soup Teriyaki Chicken Toasted Egg Barley Peas Fresh Fruit 		

**SALAD BAR OFFERED DAILY**

**ASSORTED FRUIT BAR**

**SERVED DAILY: PASTA, WHOLE GRAIN BREADS AND ASSORTED ROLLS**

**MILK (WHOLE, 1% AND FAT FREE), LOW FAT COTTAGE CHEESE, CREAM CHEESE AVAILABLE ON DAIRY DAYS ONLY**

**JELLY, MARGARINE AND SOY BUTTER, ASSORTED FORTIFIED JUICES & WATER ON MEAT DAYS ONLY**

**ALL FOOD PROVIDED BY FIVE STAR CATERERS**